

## INSTRUCTIONS FOR COLLECTING AND TRANSPORTING SEMINAL FLUID

- THE EXAMINATION IS CARRIED OUT BY APPOINTMENT ONLY.
- THE COLLECTION OF SEMINAL FLUID (IN A STERILE CONTAINER) MUST BE DONE AT HOME AFTER OF PERIOD OF ABSTINENCE OF 3 TO 7 DAYS. EJACULATION MUST BE OBTAINED BY MASTURBATION. PLEASE DO NOT USE CONDOMS.
- THE SAMPLE (FULL EJACULATION) MUST BE DONE FROM 9.0 A.M. AND DELIVERED, BY APPOINTMENT, TO OUR LABORATORY FROM MONDAY TO FRIDAY WITHIN AN HALF HOUR FROM THE COLLECTION AND NOT LATER THAN 10.0 A.M.
- IN THE CASE THAT A MICROBIOLOGICAL INVESTIGATION IS ALSO REQUESTED BY THE PHYSICIAN, BEFORE COLLECTING THE SEMINAL FLUID, THE PATIENT MUST URINATE AND THEN CAREFULLY WASH HIS HANDS AND HIS PENIS.
- THE CONTAINER OF SEMINAL FLUID MUST BE PROTECTED BY LOW AND HIGH TEMPERATURES (BELOW 20 °C AND OVER 40 °C). DURING THE TRANSFER OF THE CONTAINER, IT IS RECOMMENDED TO KEEP THE CONTAINER IN CONTACT WITH YOUR BODY.
- THE CONTAINER MUST BE LABELED WITH PATIENT'S NAME AND TIME AND DATE OF COLLECTION.